



... empowering through nutrition...

# Help Feed Kids This Summer!



*HIP is offering FREE summer lunch to kids in the Lake City area this summer and we need your help!*

## **We are looking for volunteers who love to:**

- Prepare and serve lunches
- Lead fun activities for kids
- Get the word out so we can feed more kids
- Transport meals & supplies in the HIPmobile
- And so much more!

## **Great reasons to volunteer with us:**

Be a part of a change you can see  
Volunteer outside in the sun  
A great way to earn service hours  
Plenty of opportunities for both adults and kids  
Kids and teens under 18 get a free meal with each shift

## **→ Attend a Volunteer Training To Get Started!**

Where: HIP Offices (*inside Lake City Presbyterian Church*) 3841 NE 123<sup>rd</sup> St

When:

- Wednesday, June 4<sup>th</sup>, 6 - 7pm
- Wednesday, June 11<sup>th</sup>, 12 - 1pm
- Wednesday, July 14<sup>th</sup>, 3 - 4pm

Can't make these dates? We can arrange one-on-one trainings as needed



**To RSVP for a training or if you can't make a training  
but still want to help**

Contact Julia at [americorps@hungerintervention.org](mailto:americorps@hungerintervention.org) or (206) 457-2871

For more information, visit  
[www.hungerintervention.org/blog/summervolunteers](http://www.hungerintervention.org/blog/summervolunteers)