



Wedgwood Meaningful Movies presents: Happy

Friday, December 12, 2014, 7 P.M.

to be shown in

(NOTE TEMPORARY VENUE CHANGE)

Nathan Johnson Hall
University Unitarian Church
6556 35th Ave NE, Seattle

"HAPPY" (76 min, Roko Belic, 2011) explores ideas behind our most valued emotion – happiness. ““Happy” ponders contemporary happiness via visits with folks around the globe ... as well as experts armed with fairly concrete conclusions on the matter. Their results so far point in directions that ... Happiness increases the more one is physically active, performs actions for the benefit of others rather than for oneself, and feels close to family and friends. Having the opposite effect are obsessive pursuit of wealth, material goods, status and image.” (D. Harvey, Variety, 2011). But that's just the start of the discussion.

Measure your own happiness index by taking this survey

<http://happycounts.org/survey/GNH/WedgwoodMeaningfulMoviesHappy2014>

prior to viewing the movie. Survey results will be part of the discussion following the movie, a discussion facilitated by *Laura Musikanski*, Executive Director of The Happiness Alliance, home of The Happiness Initiative and Gross National Happiness Index. Laura is a lawyer, an MBA, and the former Executive Director of Sustainable Seattle.

Please join us for the film's showing. It's FREE and open to the public! Doors open at 6:30 P.M. The film begins at 7:00 P.M with the discussion to follow.

More information at: <http://www.wedgwoodmeaningfulmovies.org/>

Sponsored by the Wedgwood Justice and Peace Coalition